

## **NEW HORIZON SCHOLARS SCHOOL**

CBSE Affiliation No. 1130325 Plot No.5, Sector-13, Airoli, Navi Mumbai-400 708

Circular No.: S084 GRADE: VI ~ XII Date: 19.06.2025

Dear Parents and Students,

Greetings of the Day!

In celebration of the International Day of Yoga on 21st June 2025, all students are requested to wear their Physical Education (P.E) uniform on the day.

Additionally, we encourage all students and parents to actively participate in the Online Yoga Quiz organized by the Ministry of AYUSH (MoA) in collaboration with MyGov.

This initiative aims to spread awareness about the benefits of yoga and promote holistic well-being.



Quiz Participation Link:

https://quiz.mygov.in/quiz/international-day-of-yoga-2025-quiz/

Let us all join together to celebrate the spirit of Yoga!

