



NEW HORIZON SCHOLARS SCHOOL

CBSE Affiliation No. 1130325
Plot No.5, Sector-13, Airoli, Navi Mumbai-400 708

Circular No.: S071

GRADE: VIII

Date: 06.06.2025

Dear Parents,

We are pleased to inform you that a **Poster Making Activity** will be organized for **Grade 8 students** on the topic:

“No Sugar or Substitutes of Sugar”

Date: Tuesday, 10th June 2025

During School Hours

This activity aims to create awareness among students about the **importance of reducing sugar consumption** and avoiding sugary snacks and drinks. Students will also explore the benefits of **healthy eating habits** and nutritious alternatives to processed sugar.

Key Focus Areas:

Say “No” to added sugar and artificial sweeteners

Avoid sugary drinks and processed snacks

Choose natural and healthy snacks and beverages

Materials Required:

A3 size sheet

Poster colors

Sketch pens

Pencils

Any other relevant decorative or drawing material of the student's choice

We encourage all students to participate enthusiastically and express their creativity while learning an essential life lesson about health and well-being.

Sale
06.06.25
Principal